



New Trends in Bedding

A lot of people toss and turn all night if their [bedding sets](#) covers are too heavy or too light, or if the bed is too soft or too firm. I, however, could care less about how many blankets are on top of me or how hard the bed is under me, but I can't sleep a wink if the bed is out of fashion.

Hey, I can't afford to redecorate my entire bedroom every time it goes out of fashion, so I have to at least buy a new bed in a bag every time my old one gets out-dated.

I have to admit, I didn't use to give a hoot about the spotted owl, but every since the eco-craze reached the fashion world, the stuffed great horned owl on my pillow gets me positively horny.

Yes, it's true, the animal kingdom is taking over the world, at least in the world of fashion. The hottest animal prints right now are of African animals. Giraffes and zebras are jungle hot right now, with tigers and leopards nipping their tails.

And who am I to buck the trend? So here I am, lying' in my zebra bedding set, praying that no lion is hiding behind my tree lamp.

Kids everywhere must be ecstatic, because now their animal bedding is finally in style. So, dig out your old safari bedspread from the attic, and send it to your college kid. She'll undoubtedly be delighted to get it.

At first, I was sure I was going to be bored to tears by the eco fad. I was wondering whether I'd have to start skinning my own hides. But once I began browsing through the latest bedding catalogues, I couldn't believe how tasteful some of the eco stuff was! My mouth was open so long, I think I swallowed a bug.

Naturally, the colour green is in right now. But watch out, because some of the best shades of green bedding don't flatter your skin tone.

The earthy [Egyptian cotton bedding](#) fashions have made green-and-brown bedding really popular now. Botanical blues together with greens aren't my favourite mix, but that combo is fairly big right now, apparently representing sky and lake.

Fitting right in with this "go green" theme in the world of bedding are the new environmentally friendly fabrics and materials like organic cotton and eco-polyester. Most of these new materials are bio-degradable.

Most of these [silk duvet](#) fabrics are not only good for the planet, but they're also kind to your skin and your overall health, because they're hypoallergenic. Bamboo-carbon and eco-Egyptian cotton, as well as some of the fabrics that are based on crushed seeds or seaweed, are softer than some of the more commonly used fabrics. I wouldn't doubt that soon they'll come out with edible pillow slips that you can feed to wildlife.

Don't ask me why, but another trendy colour currently is white. In particular, classic black-and-white prints are fashionable. White is traditionally a safe colour for bedding. If you're looking for a colour that never goes out of fashion, a crisp, clean white is the obvious choice.

Which brings me to the only thing I haven't worked out yet. What happens when the eco craze is over and I'm forced to abandon my owl and zebra? Will everyone think I've caused their extinction?

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